**Minor Ailments List**

**Bites and stings**

* Including stings with minor redness or swelling

**Colds**

* Includes flu-like symptoms and sore throats

**Congestion**

* Includes hay fever

**Ear**

* Includes blocked ears

**Eye**

* Includes conjunctivitis, watery eyes and irritated/itchy eyes

**Gastric/Bowel**

* Includes nausea, constipation, diarrhoea (less that 72 hours)

**Gynae/Thrush**

* Includes cystitis, Thrush,

**Pain**

* Includes acute pain, muscular- skeletal pain, headaches/migraines and sprains and strains

**Skin**

* Includes acne, dermatitis, blisters or dry skin, hair loss, nappy rash, ringworm/threadworm and wound problems/ dressing

**Mouth/Throat**

* Includes cold sores/blisters, mouth ulcers, sore throat, teething and toothache